

WINTER EMERGENCY CARE PACKAGES ITEMS

Be prepared to help anyone in need this winter. Assemble items and put items in a gallon size Ziplock bag. Bring your assembled bag(s) to the church for distribution and/or keep one in your car.

TOILETRIES

Baby wipes
Travel toothbrush
Travel toothpaste
Lotion
Chapstick
Comb or brush
Waterless shampoo
Razors and shaving gel
Menstrual pads or tampons

FOOD AND DRINK

Ready-to-eat cans with easy open lids
Soft foods like applesauce or pudding
Protein bars
Beef jerky
Trail mix
Instant oatmeal packets
Hot chocolate packets
Bottled water

MISCELLANEOUS

Hand, feet, and body warmers
BandAids
Cough drops or mints
Travel mug or bottle
\$5 or \$10 gift cards
Meal coupons
Hats
Gloves
Scarves
Socks (especially wool)

AVOID

Soaps
Hand Sanitizer
Mouthwash

OFFER

♥ A moment of your time
♥ Eye contact
♥ Smiles
♥ A listening ear
♥ Conversation



Port Community Church Outreach
of Port Republic, NJ

www.portcommunitychurch.com